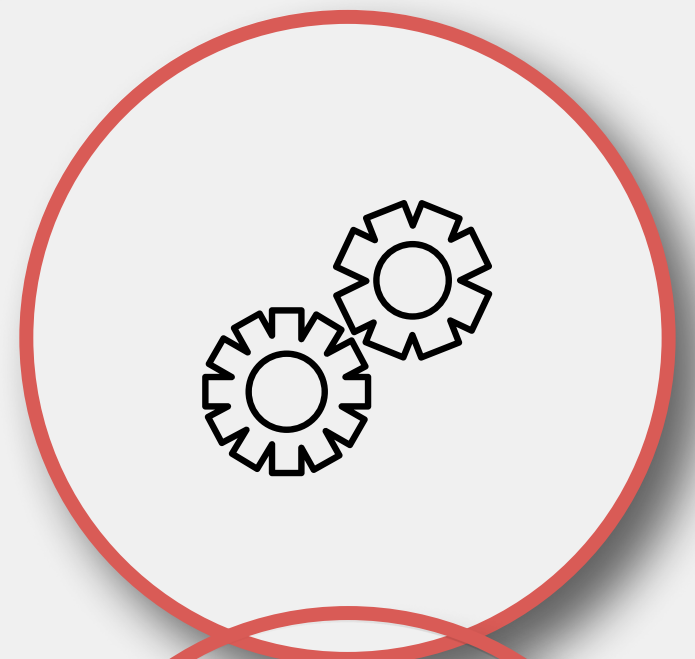


# Objectives

1

## REACHING OTHER YOUNG PEOPLE:

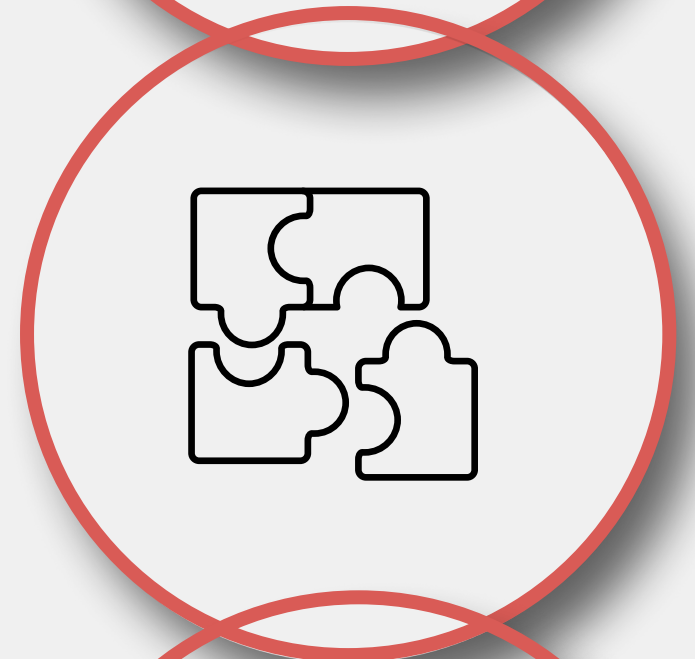
- **Build a network** to connect with like-minded people who understand what you are going through
- **Finds solutions to difficulties** you may face, e.g. mental health, job applications...
- **Create a plan** with others to support each other



2

## HELPING YOU TO GET INTO EDUCATION OR WORK:

- **Train mentors**, people who can guide you through challenges and offer advice based on their experiences.
- Start **a mentoring program** to connect you with mentors who will help you set goals and find your path in education or work.
- Share **opportunities for remote work**



3

## BUILDING YOUR CONFIDENCE AND SKILLS:

- Strengthen your basic skills for the job market with an **online course**
- **Improve your quality of life and mental strength** with skills to help you manage your time, set goals, and stay organised.





# Results

## DANUBE REGION'S NETWORK



To help you to **connect with supporting organisations** by sharing local expertise.

## REGIONAL ACTION PLANS

To give you **more opportunities** by encouraging you to get involved in your community.



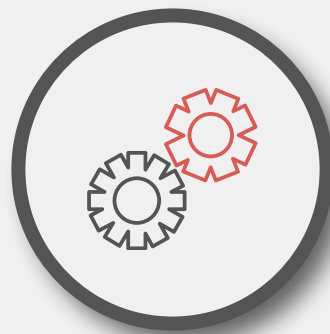
## THE BACK ON TRACK STRATEGY

To make it easier to **connect with like-minded people** that understand what you are going through in a lasting way.



## TRAIN THE MENTOR FRAMEWORK & PILOT

To **ensure mentors know how** to build trust and guide you effectively through challenges, offering advice based on their experiences.



## EDUCATIONAL PROGRAMME & PILOT

To help you **develop key skills and boost your resilience** through a personalised online learning course.



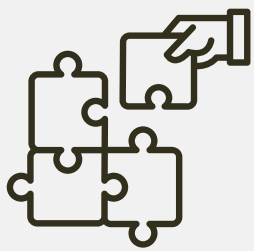
## MENTORING PROGRAMME & PILOT

To offer you **personalised career advice** to make your path to work, education, or training easier.





# Why to get involved?



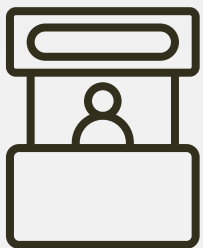
**Influence** the  
Back on Track project  
joining the **Peer Group**



**Improve your skills**  
through personalised  
trainings



Discover **remote work**  
**opportunities**



Explore career options,  
meet employers and learn  
about in-demand jobs and  
skills at the **Digital Work  
Career Fair**



Speak about your **needs**  
**and expectations** with  
others that understand  
what you are going  
through



**Learn about mental**  
**health**, spot challenges  
you may face, and find  
the right support when  
you need it